

# Camela A. McGrath, MD, FACOG

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## Healthcare Leader

**Related Skills: Patient Experience & Satisfaction ▪ Financial Management ▪ Training Design & Facilitation  
Team Management ▪ Employee Retention ▪ Data Analytics & Statistical Analysis**

Dedicated physician committed to improving the well-being of patients, physicians and healthcare professionals. Respected OB-GYN with a track record of surpassing patient expectations for professionalism, skill, compassion and empathy. Deep understanding of hospital operational practices and ability to quickly grasp the current state of organizational culture. Innovate strategies to enhance camaraderie and collegial respect. Driven to apply personal experiences with trauma to champion well-being and cultivate an environment that promotes personal resilience, stress reduction and fulfillment through connectedness within the team. Dedicated to investing in employee wellness and satisfaction to drive bottom line performance.

## Highlights of Related Contributions

- ✓ Designed and facilitated 4 Life 101 workshops, focused on *Living Fully with Power and Abundance*. Guided attendees on strategies for attaining fulfillment, fun, excitement and healthy relationships.
- ✓ Spearheaded collegial programs as an Ob-Gyn at Desert Regional Medical Center. Launched Operation Smiley Face and Operation Tell Me About Yourself which incorporated pictures of team members and sharing of personal facts and interests.
- ✓ Proactively joined a committee in partnership with the Environmental Services leadership at Desert Regional Hospital to improve outcomes of biohazardous waste disposal.
- ✓ Selected by the CEO to serve on the Vista East Medical Center's Women's Advisory Board from 2014 – 2016. Raised funds to assist underserved female populations in the community as well as to support female entrepreneurs.
- ✓ Built and owned a respected independent medical practice, demonstrating superior leadership and entrepreneurial spirit. Consistently surpassed financial goals and had a loyal and continuously growing base of patients.
- ✓ Recognized with Sharp Rees-Stealy's Guardian Angel Award, a patient donation in recognition of outstanding and compassionate care.
- ✓ Attained 8% higher than national average patient experience rating during tenure as a physician at Palomar Medical Center.
- ✓ Gained strength in quality of relationships, confidence and personal productivity as a Landmark Education Graduate. Deep knowledge and active participation in Eye Movement Desensitization and Reprocessing (EMDR) psychotherapy to treat emotional symptoms that follow trauma.
- ✓ Discovered commitment to caring for others by assisting people with special needs throughout college. Improved individual's quality of life while simultaneously reducing student loan debt

## Education & Licenses

Doctor of Medicine – University of Texas Health Science Center  
*Full Tuition Air Force Scholarship Recipient*  
*Received In-State Scholarship for Medical School (20/200 applicants)*

Bachelor of Arts, Biochemistry and Cellular Biology – University of California, San Diego

**Ob/Gyn Internship and Residency – Columbus Hospital, Under the Auspices of Northwestern University**

**Medical License: G80722 (CA) | 036087227 (IL)**

**Fellow of the American College of Obstetrics & Gynecology**

**National Certified Menopause Practitioner – North American Menopause Society (NAMS)**

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### **Physician Experience**

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**Ob-Gyn – Desert Regional Medical Center – Palm Springs, CA | 2021 - Present**

**Clinical Physician – Sharp Rees-Stealy, Sharp Mary Birch Hospital – San Diego, CA | 2020 - 2021**

**Ob, Locum Tenens Hospitalist Group – Comp Health & Palomar Hospital – Escondido, CA | 2019 - 2020**

**Clinical Physician Ob-Gyn – North County Women’s Specialists, Palomar Medical Center – San Diego, CA | 2016 - 2019**

**Clinical Physician Ob-Gyn – Clinical Physician Associates for Women’s Health Vista, Condell, Lake Forest Hospitals  
Gurnee, IL | 2008 - 2016**

**Clinical Physician – Women’s Health Center, Highland Park, Lake Forest Condell Medical Center & Hospitals  
Deerfield, IL | 2000 - 2008**

**Practice Owner – Camela A. Harris, MD, SC – Liberty, IL | 1995 - 2000**

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### **Honors and Awards**

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**2021, Guardian Angel Award, Sharp Healthcare Foundation | 2011, 2016, 2017, Patients Choice Award, Vitals.com  
2011, Compassionate Doctor Recognition, Vitals.com**

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### **Presentations & Publications**

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**2018, Hormones, Hot Flashes, and Beyond – Palomar Medical Center, Raymond Family Conference Center**

**2014, Abnormal Pap Smear – Women’s Health Fair Doctor Panel, Holiday Inn Convention Center, Gurnee, IL**

**2005, Dialogue with a Doctor Series, Highland Park Health and Fitness Center, Buffalo Grove, IL**

**Myomectomy During Pregnancy Secondary to GI Symptoms – The Female Patient, 1995, vol 20, 55-61**